

Summit Run For Fitness  
 Prince Albert, SK  
 June 19, 2011

ChronoTrack Timing by "Results Canada" 780-416-5124

Overall 10KM Results

Over All Official Time	Rank In Pace Rank AgeGroup Min/Km	Sex	Bib Num	Competitor Name	City
37:36	1 1/6	M	209	John Svec	Regina
41:12	2 1/11	M	201	Al Rogers	Regina
42:37	3 1/3	M	169	Nigel Leach	Prince Albert
46:01	4 1/16	F	236	Heather Cassidy-Zelensky	Prince Albert
46:49	5 2/3	M	210	Adam Tilford	Big River
47:42	6 1/10	M	136	Geoff Gay	Prince Albert
47:44	7 2/11	M	112	Brian Bohmann	Prince Albert
48:00	8 2/10	M	215	Riley Welden	Edmonton
48:07	9 1/1	M	189	Albert Orban	Tisdale
48:25	10 1/19	F	153	Ina Holmen	Prince Albert
50:37	11 1/3	M	214	Randy Warick	Saskatoon
50:38	12 1/4	M	242	Kane Bobinski	Prince Albert
50:54	13 1/27	F	143	Lori Gray	Prince Albert
51:50	14 3/11	M	193	Ron Poetker	Prince Albert
52:25	15 3/10	M	196	Michael Popoff	Prince Albert
52:36	16 2/6	M	109	Neal Blacklaws	Tisdale
52:49	17 2/4	M	187	Jordan Nattress	Prince Albert
52:56	18 1/20	F	155	Lisa Horner	Prince Albert
53:16	19 2/20	F	125	Kimberly Dobrowolski	Prince Albert
53:47	20 4/10	M	192	James Penner	Langham
53:53	21 2/27	F	103	Jerri-Anne Armitage	Prince Albert

	22	2/19	F	140	Karen Giles-Hatfield	Marcelin
54:03	5:25					
	23	4/11	M	154	Dick Honch	Prince Albert
54:25	5:27					
	24	3/19	F	176	Vicki MacPherson	Shellbrook
54:34	5:28					
	25	5/10	M	134	Rob Fines	Prince Albert
54:35	5:28					
	26	1/3	F	213	Judy Warick	Saskatoon
54:50	5:29					
	27	3/27	F	199	Lana Reilly	Prince Albert
55:05	5:31					
	28	4/27	F	198	Mona Pshebnicki	Prince Albert
55:06	5:31					
	29	3/6	M	172	Raymund Leyeza	Prince Albert
55:15	5:32					
	30	6/10	M	104	Mark Armitage	Prince Albert
55:35	5:34					
	31	5/27	F	182	Deanna McKay	Prince Albert
55:41	5:35					
	32	2/16	F	156	Valerie Horner	Prince Albert
55:44	5:35					
	33	7/10	M	159	Dallas Huard	Prince Albert
55:48	5:35					
	34	6/27	F	217	Amy Wilcox Gelhorn	Prince Albert
55:49	5:35					
	35	3/20	F	212	Rochelle Ward	Prince Albert
55:51	5:36					
	36	7/27	F	181	Melissa McGregor	Prince Albert
55:57	5:36					
	37	3/3	M	142	Matthew Gill	Paddockwood
56:07	5:37					
	38	4/20	F	139	Helecia Giggs	Macklin
56:09	5:37					
	39	8/27	F	123	Karin Diehl-Ferri	Prince Albert
56:24	5:39					
	40	9/27	F	234	Missy Demmans	Kelvington
56:29	5:39					
	41	5/20	F	160	Stacey Huard	Prince Albert
56:34	5:40					
	42	2/3	M	166	Henry Jespersen	Archerwill
56:45	5:41					
	43	10/27	F	200	Lisa Risem	Prince Albert
56:54	5:42					
	44	11/27	F	119	Heather Cowie	Calgary
57:14	5:44					
	45	5/11	M	186	John Nattress	Prince Albert
57:14	5:44					
	46	6/20	F	239	Laura Littlechilds	Prince Albert
57:21	5:45					
	47	7/20	F	237	Ariana Hegedus	Prince Albert
57:28	5:45					
	48	12/27	F	164	Annelie Janse Van Rensburg	Prince Albert
57:28	5:45					
	49	13/27	F	116	Marga Cantin	Prince Albert
57:28	5:45					
	50	8/20	F	157	Ashlee Howat	Saskatoon
57:31	5:46					
	51	8/10	M	211	Robert Van Stone	Prince Albert
57:35	5:46					
	52	4/19	F	233	Barb Hunter	Birch Hills

57:39	5:46				
	53	6/11	M	131 Al Dyer	Prince Albert
58:04	5:49				
	54	3/16	F	122 Faye Desjardins	Prince Albert
58:08	5:49				
	55	9/20	F	108 Kelli Bexson	Big River
58:11	5:50				
	56	14/27	F	113 Melodie Boulet	Prince Albert
58:25	5:51				
	57	1/5	F	117 Karlie Casavant	Prince Albert
58:30	5:51				
	58	4/6	M	151 Darryl Hicks	Prince Albert
58:31	5:52				
	59	7/11	M	220 Steve Wilson	Saskatoon
58:44	5:53				
	60	3/4	M	190 Brad Parenteau	Prince Albert
58:47	5:53				
	61	8/11	M	229 Keith Bird	Prince Albert
59:00	5:54				
	62	15/27	F	197 Camille Pouteaux	Prince Albert
59:16	5:56				
	63	16/27	F	118 Terra Cowan	Prince Albert
59:19	5:56				
	64	17/27	F	167 Wendie Larocque	Saskatoon
59:37	5:58				
	65	4/4	M	133 Lorne Fagnan	Saskatoon
59:48	5:59				
	66	9/10	M	135 Shaun Gaudet	Prince Albert
1:00:17	6:02				
	67	10/20	F	171 Megan Levac	Prince Albert
1:00:29	6:03				
	68	18/27	F	194 Kristin Polnik	Warman
1:00:34	6:04				
	69	19/27	F	173 Carla Lindsay	Prince Albert
1:00:36	6:04				
	70	11/20	F	115 Lindsey Busser	Prince Albert
1:00:44	6:05				
	71	20/27	F	147 Shannon Harriman	Prince Albert
1:00:55	6:06				
	72	12/20	F	191 Jaylynn Parenteau	Prince Albert
1:00:56	6:06				
	73	2/5	F	235 Amber Marks	Prince Albert
1:01:04	6:07				
	74	3/5	F	227 Jacy Akre	Prince Albert
1:01:18	6:08				
	75	5/19	F	203 Mary-Lou Sanderson	Prince Albert
1:01:28	6:09				
	76	4/16	F	145 Vici Hagel	Spiritwood
1:01:41	6:11				
	77	5/16	F	223 Marion Yablonski	Prince Albert
1:02:02	6:13				
	78	6/19	F	221 Shirley Woods	Prince Albert
1:02:02	6:13				
	79	10/10	M	185 Devin Murphy	Prince Albert
1:02:21	6:15				
	80	13/20	F	163 Elaine Jacques	Prince Albert
1:02:40	6:16				
	81	14/20	F	114 Tracy Burton	Prince Albert
1:02:45	6:17				
	82	9/11	M	218 Drew Wilson	Prince Albert
1:03:00	6:18				

83	7/19	F	121	Sandra Cyr	Prince Albert
1:03:08	6:19				
84	8/19	F	161	Carolyn Jabusch	Prince Albert
1:03:46	6:23				
85	21/27	F	149	Amanda Hecht	Prince Albert
1:04:05	6:25				
86	10/11	M	158	Ward Howat	Prince Albert
1:04:37	6:28				
87	5/6	M	238	Kevin Tait	Prince Albert
1:05:36	6:34				
88	22/27	F	152	Corrine Hoffman	Leask
1:05:51	6:36				
89	9/19	F	224	Marg Yungwirth	Prince Albert
1:05:53	6:36				
90	6/16	F	208	Joyce Stevenson	Prince Albert
1:06:18	6:38				
91	23/27	F	174	Frances Lloyd	Christopher Lake
1:06:25	6:39				
92	24/27	F	231	Wendi Cable	Prince Albert
1:06:27	6:39				
93	4/5	F	129	Erika Dowling	Prince Albert
1:06:47	6:41				
94	7/16	F	130	Pat Dunn	Waskesiu Lake
1:06:56	6:42				
95	6/6	M	124	Carl Dinsdale	Prince Albert
1:07:12	6:44				
96	10/19	F	126	Brenda Douglas	Prince Albert
1:07:12	6:44				
97	11/11	M	241	Richard Gauthier	Prince Albert
1:07:35	6:46				
98	2/3	F	106	Judy Becker	Prince Albert
1:07:52	6:48				
99	25/27	F	184	Melissa Melnyk	Prince Albert
1:08:15	6:50				
100	8/16	F	204	Annette Schaan	Prince Albert
1:08:46	6:53				
101	11/19	F	137	Cindy Gee	Prince Albert
1:08:46	6:53				
102	15/20	F	230	Megan Becker	Saskatoon
1:08:47	6:53				
103	9/16	F	146	Gail Halliday	Prince Albert
1:08:59	6:54				
104	12/19	F	107	Betty Bexson	Prince Albert
1:08:59	6:54				
105	13/19	F	175	Bonnie Logue	Prince Albert
1:09:59	7:00				
106	14/19	F	102	Cathy Anderson	Prince Albert
1:10:05	7:01				
107	15/19	F	150	Patty Hewitt	Prince Albert
1:12:47	7:17				
108	10/16	F	165	Donna Jeanneau	Saskatoon
1:12:54	7:18				
109	11/16	F	188	Mari Nattress	Prince Albert
1:12:58	7:18				
110	12/16	F	144	Valoree Grolla	Prince Albert
1:13:19	7:20				
111	16/20	F	206	Crystal Showers	Prince Albert
1:14:07	7:25				
112	17/20	F	226	Katherin Akre	Prince Albert
1:14:41	7:29				
113	16/19	F	228	Andrea Haughn	Prince Albert

1:14:50	7:29			
	114	17/19	F	111 Sharon Blacklaws
				Tisdale
1:16:06	7:37			
	115	18/19	F	232 Jacquie Johnson
				Prince Albert
1:16:48	7:41			
	116	13/16	F	138 Marjie Genest
				Prince Albert
1:17:30	7:45			
	117	18/20	F	168 Anne Lavergne
				Prince Albert
1:18:02	7:49			
	118	19/20	F	170 Alicia Lepine
				Prince Albert
1:18:02	7:49			
	119	3/3	F	240 Karmen Gauthier
				Prince Albert
1:18:27	7:51			
	120	14/16	F	183 Cathie McLeod
				Kelvington
1:18:34	7:52			
	121	26/27	F	105 Jolene Attree
				Prince Albert
1:18:40	7:52			
	122	15/16	F	195 Teri Popil
				Prince Albert
1:20:16	8:02			
	123	20/20	F	110 Robyn Blacklaws
				Lintlaw
1:20:27	8:03			
	124	19/19	F	141 Cindy Gill
				Paddockwood
1:21:38	8:10			
	125	5/5	F	128 Madison Douglas
				Prince Albert
1:25:32	8:34			
	126	27/27	F	127 Charmaine Douglas
				Prince Albert
1:25:33	8:34			
	127	16/16	F	162 Kelly Jackson
				Prince Albert
1:26:21	8:39			
	128	3/3	M	180 Calvin McGaughey Sr
				Ile A La Crosse
1:28:31	8:52			